

## **NUTRITIONAL INFORMATION**

STARTERS	CALORIES
Pretzel Bones	780-1560
Fried Pickles	930
Loaded Cheese Fries	1,720
Korean BBQ Pork Belly Pops	936
New Cornbread 2 pc WITH Pecan Butter	543
New Cornbread 2 pc without Pecan Butter	360
New Cornbread 4 pc WITH Pecan Butter	903
New Cornbread 4 pc without Pecan Butter	720
The BBQ Mag Nacho	845-2530
New BBQ Crowd Pleaser	2,550
Soups	
Loaded Brisket Chili	266-432
Brunswick Stew	170-240
Salads	
Salad - Bones, Plain ( 197 w/o dressing )	257-387
Salad - Bones with Chicken (445 w/o dressing )	505-635
Salad - Bones with Fried Chicken (467 w/o dressing )	527-657
Salad - Bones with Sirloin ( 491 w/o dressing )	551-681
Salad - Bones with Grilled Shrimp ( 239 w/o dressing )	299-429
Salad - Bones with Salmon (725 w/o dressing)	785-915
Caesar with Chicken	850
Caesar with Salmon	1,130
Caesar with Steak	882
Nutty Chicken Salad	860-1000
Side Salad	70
Side Caesar	330
DRESSINGS	
Ranch	170
Bacon Vinaigrette	140
Honey Mustard	130
Caesar	190
Blue Cheese	160
Balsamic Vinaigrette	60
JUMBO WINGS	
Wings - 6 Ct	615-638
Wings - 12 ct	1230-1276
Wings, Boneless - 8 ct	512
Wings, Boneless - 16 ct	1,024

Nutritional Information	Calories
Sauces	
Buffalo Mild	174
Buffalo Medium	40
Buffalo Hot	40
KC BBQ	140
Chipotle BBQ	120
Mustard BBQ	140
Carolina Mopping	72
Garlic Parmesan	310
Sweet Brown Sugar	160
Buff-a que	80
Spicy Garlic Buffalo	160
Buffalo Ranch	234
Sweet Glaze	180
Teriyaki	140
Mango Habanero	50
Korean BBQ	140
Honey Hot	130
Kurvball Glaze	178
Dry Rub - Lemon Pepper	14
Dry Rub - Memphis	80
Dry Rub - Cajun	22
HOUSE SMOKED RIBS	
Signature Ribs - 1/2 Rack	584
Signature Ribs - Full Rack	1,167
Imported Baby Back Ribs - 1/2 Rack	384
Imported Baby Back Ribs - Full Rack	738
BONEFIRE	
2-3 ppl	1,815
4-6 ppl	3,630
BONESBURGERS	
Mushroom Swiss Burger	1,300
Signature BBQ Burger	1,367
Morning Glory Burger	1,285
Bacon Cheeseburger	1,070
The Double Stack Burger	2,087
Bare Bones Burger	906
SANDWICHES	
Pulled Pork Sammy	590
BBQ Chicken	870
Crispy Buffalo Chicken	1062-1542
Brisket Stuffed Grilled Cheese	1,442
STEAK & SEAFOOD ( w/out sides - side range 40-500 )	
Sirloin, 6 oz	444
Sirloin, 9 oz	678
Ribeye, Bone-in, 18 oz	1,543

Nutritional Information	Calories
Filet Mignon Medallions	596
make it a surf and turf - add shrimp	42
Fire Grilled Shrimp	630
Fire Grilled Salmon	590
FLAVOR YOUR MEAT	
Steakhouse Butter	
Teriyaki Glaze	
Garlic Butter Sauce	
Kurvball Glaze	
Red Wine Sauce	
Sauteed Onions	
Roasted Mushrooms	
Onions and Mushrooms ( half½ )	
Steakhouse Butter, Teriyaki Glaze, Garlic Butter Sauce	30-380
AWARD WINNING BBQ	
1/2 BBQ Chicken	1,515
1/4 BBQ Chicken	828
Pork Platter	638
Brisket Platter	802
Smokehouse Mac & Cheese	1,500
with pulled pork, sausage or both	1800-1900
with Brisket	1,830
FAVORITES	250
Pulled Pork	250
Pulled Chicken	122
Smoked Sausage	280
Grilled BBQ Chicken Breast	277
Jalapeno Cheddar Sausage	320
1/4 Chicken	688
Smoked Wings	430
Chicken Wings	350
Half Rack of Ribs	534
EARLY BIRD SPECIALS	
BONES BOWLS	0.45
Ultimate BBQ Bowl	945
Chipotle Chicken Bowl	750
OG Bowl	1,050
Buffalo Chicken Bowl	1,050
Fried Chicken Salad Bowl	1,140
Stackeb Baked Potato and Salad	1060-1520
COMBOS  Dullad Payle	050
Pulled Pork	250
Pulled Chicken	122
Smoked Sausage	280
Grilled BBQ Chicken Breast	277

Nutritional Information	Calories
Chicken Wings	350
Smoked Wings	430
Jalapeno Cheddar Sausage	320
Smoked Sausage	280
SIDES - REGULAR	
BBQ Baked Beans	180
Creamy Cole Slaw	350
Fire Roasted Corn	185
Natural Cut Fries	270
Fresh Steamed Broccoli	140
Mashed Potatoes with Gravy	205
Baked Potato	250
Potato Wedges	266
SIDES - PREMIUM	
Loaded Baked Potato	760
Loaded Mashed Potatoes	420
Sweet Potato Fries	340
Mac & Cheese	390
Cornbread ( 2 pcs w honey pecan butter)	512

**Smokey Bones Nutritional Information** 

The nutritional values provided herein are based on standard company recipes. The nutritional analyses which produced the nutritional values of the company recipes were derived from supplier nutrition information, the nutritional databases, and nutritional consultants. Menu items are hand-prepared and nutritional values may vary from the stated amount. This information is updated periodically to reflect our current product offerings. Information could vary. Updated May 2019.